



### The Pflegestützpunkt (Care Support Point) ...

- Is a free service that has been set up as part of the legal care reforms in counties and the Saarbrücken regional network.
- Is funded by all health and care insurance funds in the Saarland region and counties and the Saarbrücken regional network and ensures professional advice from a single source.
- Is aimed at people who are disabled, elderly and/or needing care, as well as their relatives.
- Has set itself the goal of coordinating all care options for those who need it and is guided by the wishes and needs of those affected.
- Is jointly financed by the health and care insurance funds in the Saarland region, the counties, the Saarbrücken regional network and the Saarland's Ministry of Social Affairs.

### Pflegestützpunkt (Care Support Point) in Merzig-Wadern County

Am Gaswerk 3, 66663 Merzig  
Tel: 06861 80-477, Fax: 06861 80-480

### Pflegestützpunkt (Care Support Point) in Neunkirchen County

Knappschaftsstr. 1, 66538 Neunkirchen  
Tel: 06821 102674, Fax: 06821 102679

### Pflegestützpunkt (Care Support Point) in Saarlouis County

Kaiser-Friedrich-Ring 31, 66740 Saarlouis  
Tel: 06831 120630, Fax: 06831 1206329

### Pflegestützpunkt (Care Support Point) in St. Wendel County

Welvertstr. 2, 66606 St. Wendel  
Tel: 06851 801-5251, Fax: 06851 801-5626

### Pflegestützpunkt (Care Support Point) in the Saarbrücken Central Regional Network

Stengelstr. 12, 66117 Saarbrücken  
Tel: 0681 506-5322, Fax: 0681 506-944984

### Pflegestützpunkt (Care Support Point) in the Saarbrücken East Regional Network

Gutenbergstr. 1, 66280 Sulzbach  
Tel: 06897 92467-98, Fax: 06897 92467-99

### Pflegestützpunkt (Care Support Point) in the Saarbrücken West Regional Network

Rathausstraße 4-6, 66333 Völklingen  
Tel: 06898 135555, Fax: 06898 132049

### Pflegestützpunkt (Care Support Point) in the Saarpfalz District

Am Forum 1, 66424 Homburg  
Tel: 06841 104-7134, Fax: 06841 104-7522

The advice is given in German, the official language.



**Advice & support**  
relating to care

#### Supported by:

Counties in the Saarland region · Saarbrücken Regional Network · Health and care insurance funds in the Saarland region: AOK · BARMER · BKK · DAK-Gesundheit · HEK · hkk · IKK · KKH · KNAPPSCHAFT · SVLFG · TK

A stroke, an accident, a serious illness, increasing need for help and many more factors can completely change your life.

**That's when you need fast, appropriate and reliable care.**

There are so many questions:

- Where can I find which services?
- Who can help me around the house or do errands that I can't do on my own?
- Who will help with the application process?
- How much does the help / care cost?
- Who can help with funding?
- How do I access rehabilitation facilities, therapy, etc., so that I can live independently again?
- Where are the care services I need, what services are available, and how much do they cost?
- What do day care, night care and short-term care mean?
- And who will help my relatives to help them support me?

**So many questions – but we can help you!**



Free advice  
including at home

### We tell you ...

- About important medical and care-related services in our region;
- About all of the options available (e.g. care services, assisted living, care homes) in outpatient or also inpatient care settings if you need it;
- About day-to-day assistance near you, such as domestic services, caretaker services, home helps, etc.
- About the benefits and financial support available to you from health and care insurance funds, subsistence support schemes and social care funds.
- About current care services in our region, such as meal services, transport services, volunteer visitor services, groups providing care by the hour.
- About help with adapting your home.

**Helping you to stay as healthy as possible as you age.**

### The advice we offer is ...

- personal, confidential, independent, professional and free of charge,
- provided in conjunction with your doctor, existing care service, carers, therapists or people you trust,
- available in your own home,
- tailored to your "personal care plan".



### We help you ...

- To stay well cared-for in your own home for as long as possible.
- To get the right professional and reliable care at the right time.
- To look after someone who needs support or care as effectively as possible so that you are not over-committed or over-burdened.

**We remain your reliable companion!**

**More information is also available on the Internet:**  
[www.psp-saar.net](http://www.psp-saar.net)